

# *Leadership as Experienced by Others*

**Purpose:** Build awareness of leadership *impact* without blame or self-criticism.

**Instructions:** Answer lightly. First impressions are enough.

**1) When things are calm, people usually experience me as:**

- open
- clear
- warm
- focused
- reserved
- other: \_\_\_\_\_

**2) When pressure rises, people are more likely to experience me as:**

- urgent
- less available
- directive
- quieter / withdrawn
- intense
- unchanged
- other: \_\_\_\_\_

**3) Signs I notice in others when pressure is high:**

(e.g. people speak less, defer more, rush, become cautious, disengage)

- 
- 

**4) One leadership moment where my presence matters most is:**

- 

**5) A quality I'd like my leadership presence to communicate more reliably is:**

(e.g. steadiness, openness, clarity, patience)

- 

*This worksheet is not feedback.*

*It's awareness — and awareness creates choice.*