

My Coherent Leadership Commitment

Purpose: Help leaders articulate coherence as an orientation rather than an obligation.

1) For me, coherent leadership means:

(e.g. returning to steadiness, leading from presence, staying available)

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2) When pressure rises, I commit to:

(e.g. pausing, regulating first, widening perspective)

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3) When I lose coherence — as I inevitably will — I commit to:

(e.g. returning without judgement, repairing, slowing down)

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4) The reminder I most need to hear is:

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5) My personal commitment statement is:

“As a leader, I commit to returning to coherence — not to be perfect, but to be present.”

(Signature optional)

Date: _____

*The commitment is not to coherence.
It's to return.*