

Clarity & Relationship Check-In

Purpose: Help participants orient to Part II by identifying where clarity and relationship are most affected by pressure.

1) In my leadership role, clarity tends to be most challenged when:

(e.g. uncertainty, time pressure, competing demands)

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2) Under pressure, my relationships are most affected through:

- reduced listening
- urgency
- emotional withdrawal
- over-control
- miscommunication
- other: _____

3) One situation where greater coherence would improve clarity or connection is:

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4) The quality I most want to bring into decisions and conversations right now is:
(e.g. steadiness, discernment, patience, openness)

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*Clarity and relationship don't improve through effort.
They improve when coherence comes first.*