

Leading in Complexity: A Check-In

Purpose: Help participants orient to Part III by naming where complexity and sustained pressure show up in their leadership.

1) In my current leadership context, complexity shows up most through:
(e.g. uncertainty, long timelines, competing priorities)

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2) When outcomes are unclear, my default tendency is to:

- increase control
- push for clarity
- delay decisions
- carry responsibility alone
- stay mostly steady

3) Sustained pressure tends to affect me through:

- fatigue
- urgency
- reduced patience
- over-functioning
- emotional distance

4) One situation where greater internal stability would help is:

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5) A quality I want to strengthen through Part III is:
(e.g. steadiness, tolerance for uncertainty, trust in process)

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*Complexity doesn't require more effort.
It requires more capacity.*